

Spirituality

*“The spiritual life does not remove us from the world
but leads us deeper into it.” (Henri Nouwen)*

Intent:

Our vision is central to the core and ethos of our schools; we believe that spirituality is a common thread that runs through everything we do. We seek to provide space and opportunity for all within our community to reflect and grow in their sense of self; feel connected to others through affirmational relationships; and have creative moments of transcendental discovery.

Implementation:

- Our biblically based vision encapsulates the perceptible imagery of light and goodness in which pupils of any faith or no-faith can explore their own sense of spirituality.
- Collective Worship is a focal and highly valued part of the day and includes a variety of ways in which pupils and staff can explore and engage with a range of spiritual experiences.
- Schools and classes all have worship / prayer stations for pupils to engage in private reflection.
- Our broad and balanced curriculum works coherently to develop pupils' wholeness and self-identity.
- Our *Power of Reading* scheme includes key literature to support pupils' emotional development and resilience.
- A strong emphasis is placed on imagination and creativity throughout the age-ranges, coupled with opportunities to experience awe and wonder in our wonderful world.
- Our behaviour policy and *Thrive* provision puts pupils' emotional well-being and readiness at the heart of our provision. It helps pupils celebrate their successes as well as teaching them about forgiveness of self and others when mistakes are made.
- Staff are trained in using *Emotion Coaching* techniques to help pupils learn to respond well. All emotions are recognised and validated, and pupils are taught and encouraged to reflect on situations and experiences to help them develop and grow.

Impact:

By the time pupils leave the Saints Federation, they will be comfortable in reflecting on their own spirituality. They will have had opportunities to consider life's big questions and will have fostered a curious mindset. Pupils value one another and themselves and will be able to make amends when relationships go wrong. Pupils will be equipped to enjoy moments of stillness and reflection, finding intrinsic value in kindness, love and hope and other core Christian values.