

Autumn/Winter Allergen Aware Menu


Our Allergen Aware Menu is free from the 14 legal allergens and is aligned closely with our Primary School Main Menu so children who require it, can feel safe and included.

-  NON-DAIRY |
  NON-EGG |
  NON-GLUTEN |
  NON-SOYA |
  NON-NUTS |
  NON-PEANUTS |
  NON-SESAME SEEDS |
  NON-FISH
 NON-CELERY |
  NON-MUSTARD |
  NON-LUPIN |
  NON-CRUSTACEANS |
  NON-SULPHUR DIOXIDE |
  NON-MOLLUSCS

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita Pizza with Tomato Pasta (v) Jacket Potato with Baked Beans and/or DF Cheese served with Mixed Salad Iced Fruit Smoothie	Chicken Fillet in a Roll with Potato Wedges and Tomato Dip Or Plant Balls in Tomato Sauce with Pasta (Ve) Jacket Potato with Baked Beans and/or DF Cheese with Peas and Sweetcorn Cocoa Sponge with Cocoa Sauce	Roast Chicken with Roast Potatoes and Gravy Jacket Potato with Baked Beans and/or DF Cheese served with Cabbage and Carrots Homemade Shortbread with Apple Wedges	Tex Mex Beef with Steamed Rice Or Loaded Tomato and Bean Bake (v) Jacket Potato with Baked Beans and/or DF Cheese served with Mixed Vegetables Fresh Fruit Selection	Garden Vegetable Goujons (v) Or Plant-Powered Sausages (Ve) with Chips Jacket Potato with Baked Beans and/or DF Cheese with Peas or Baked Beans Homemade Cupcake
Week One: 30 Oct 20 Nov 11 Dec 8 Jan 29 Jan 26 Feb 18 Mar				

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita Pizza with Potato Wedges (v) Jacket Potato with Baked Beans and/or DF Cheese served with Sweetcorn Homemade Cocoa Shortbread	 All Day Breakfast Plant-Powered Sausages with Hash Browns (Ve) Jacket Potato with Baked Beans and/or DF Cheese served with Baked Beans Fresh Fruit Selection	Roast Chicken with Mashed Potato and Gravy Jacket Potato with Baked Beans and/or DF Cheese served with Green Beans and Carrots Fruit Jelly	Chicken in Tomato Sauce with Pasta Jacket Potato with Baked Beans and/or DF Cheese served with Mixed Vegetables Homemade Shortbread	Garden Vegetable Goujons (v) Or Plant-Powered Sausages (Ve) with Chips Jacket Potato with Baked Beans and/or DF Cheese with Peas or Baked Beans Homemade Iced Cupcake
Week Two: 6 Nov 27 Nov 18 Dec 15 Jan 5 Feb 4 Mar 25 Mar				

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita Pizza with Tomato Pasta (v) Jacket Potato with Baked Beans and/or DF Cheese served with Mixed Salad Homemade Cocoa Cupcake	Chicken Curry with Steamed Rice Jacket Potato with Baked Beans and/or DF Cheese served with Mixed Vegetables Iced Fruit Smoothie	Roast Beef Or Plant-Powered Sausages (Ve) with Mashed Potato and Gravy Jacket Potato with Baked Beans and/or DF Cheese served with Peas and Carrots Fresh Fruit Selection	Pork and Carrot Meatballs in Tomato Sauce with Pasta Jacket Potato with Baked Beans and/or DF Cheese served with Sweetcorn Homemade Sponge with Custard	Garden Vegetable Goujons (v) Or Plant-Powered Sausages (Ve) with Chips Jacket Potato with Baked Beans and/or DF Cheese with Peas or Baked Beans Homemade Shortbread with Orange Wedges
Week Three: 13 Nov 4 Dec 1 Jan 22 Jan 12 Feb 11 Mar				

Autumn/Winter Allergen Aware Menu

Packed Lunch Menu

Our Allergen Aware Menu is free from the 14 legal allergens and is aligned closely with our Primary School Packed Lunch Menu so children who require it, can feel safe and included.



Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Ham or Cheese Roll	Cheese and Tomato Pasta Pot	Cheese or Plant-Powered Sausage in a Roll	Ham or Cheese Roll	Vegetable Goujons or Cheese Roll
Carrot Sticks	Cucumber Sticks	Carrot Sticks	Cucumber Sticks	Carrot Sticks
Sultanas	Pizza Finger	Sultanas	Sultanas	Sultanas
Fruit Portion	Fruit Portion	Apple Wedges	Fruit Portion	Fruit Portion
Iced Fruit Smoothie	Homemade Cocoa Cupcake	Homemade Shortbread	Iced Fruit Smoothie	Homemade Cupcake

Week One: 30 Oct | 20 Nov | 11 Dec | 8 Jan | 29 Jan | 26 Feb | 18 Mar

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Ham or Cheese Roll	Cheese and Tomato Pasta Pot	Cheese or Plant-Powered Sausage in a Roll	Ham or Cheese Roll	Vegetable Goujons or Cheese Roll
Carrot Sticks	Cucumber Sticks	Carrot Sticks	Cucumber Sticks	Carrot Sticks
Sultanas	Pizza Finger	Sultanas	Sultanas	Sultanas
Fruit Portion	Fruit Portion	Fruit Portion	Apple Wedges	Fruit Portion
Homemade Cocoa Shortbread	Iced Fruit Smoothie	Fruit Jelly	Homemade Shortbread	Homemade Iced Cupcake

Week Two: 6 Nov | 27 Nov | 18 Dec | 15 Jan | 5 Feb | 4 Mar | 25 Mar

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Ham or Cheese Roll	Cheese and Tomato Pasta Pot	Cheese or Plant-Powered Sausage in a Roll	Ham or Cheese Roll	Vegetable Goujons or Cheese Roll
Carrot Sticks	Cucumber Sticks	Carrot Sticks	Cucumber Sticks	Carrot Sticks
Sultanas	Pizza Finger	Sultanas	Sultanas	Sultanas
Fruit Portion	Fruit Portion	Fruit Portion	Fruit Portion	Orange Wedges
Homemade Cocoa Cupcake	Iced Fruit Smoothie	Homemade Shortbread	Homemade Cupcake	Homemade Shortbread

Week Three: 13 Nov | 4 Dec | 1 Jan | 22 Jan | 12 Feb | 11 Mar